



# EPort@NPCC

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## News @ Schools

### **EAST SPRING SECONDARY SCHOOL**

#### **5 'R' Competition 2010**

##### **Description**

Participants are required to build a structure that represents the country which their school will be attached to host during the YOG, making use of any recycling materials used in their daily lives, relating to this year's theme. Participants are also required to prepare an A3 presentation board (with picture and words) before the competition to present to the judges about the structure that represents the country.



##### **Objectives**

- To promote awareness of 5R, ways to be environmental friendly
- To encourage cadets to recycle and reuse the items found in daily life
- To encourage cadets to think out of the box and use recycle items in their daily life to make innovative and creative projects

##### **Venue/ Time/ Date**

Venue: East Spring Secondary

Time: 0830hrs

Date: 13<sup>th</sup> March 2010

***For more information, please contact the following officer:***

Low Soo Teck Benny

##### **Email**

low\_soo\_teck\_benny@moe.edu.sg

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## **VICTORIA SCHOOL**

### **Challenge Unlimited Games Day 2010**

#### **Description**

This is a fun and exhilarating annual competition. The boys' teams will compete in 3-a-side Basketball while the girls' teams will play 5-a-side Captain's Ball.

#### **Objectives**

1. To foster good relationships between NPCC units.
2. To encourage positive teamwork within each unit.
3. To foster friendship and a sharing experience between cadets.

#### **Venue/ Time/ Date**

Venue: Victoria School

Time: 9am to 1pm

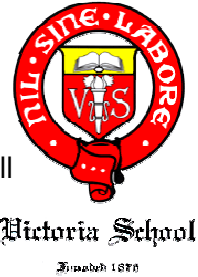
Date: 16 March 10

***For more information, please contact the following officer:***

Mr. Chan Chow Hung

#### **Email**

chchan@vs.moe.edu.sg



## **SI LING SECONDARY SCHOOL**

### **NPCC CCA Promotion Day Proposal Competition**

#### **Description**

You are cordially invited to participate in the "NPCC - CCA Promotion Day Proposal" competition organised by Si Ling Secondary School. Each unit has to use the proposal template to plan on what they want to do for NPCC – CCA Promotion Day in 2011.

#### **Rules & Regulations**

- Do not make any alteration to the template.
- The proposal will be assessed on all aspects mentioned in the template such as *feasibility, innovation* and *creative suggestions on how to promote NPCC to Sec 1 students*.
- Cadets from all levels are welcomed. A minimum of 2 cadets but there's no limit to the maximum.

#### **Submission deadline**

17 March 2010

***For more information, please contact the following officer:***

Shaun Lim



**Email**

lim\_tze\_ee@moe.edu.sg

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**BEDOK VIEW SECONDARY SCHOOL****Inter-Unit Road Run****Description**

A long distance running competition!

**Objectives**

- To promote health awareness among NPCC cadets
- To bond cadets, cadets inspectors and officers together
- To foster strong relationships with other various units

**Venue/ Time/ Date**

Venue: Bedok Town Park

Time: 800am – 1130am

Date: 19<sup>th</sup> March 2010

Please email the Participation Form (Reply Form) before 5<sup>th</sup> March 2010 (Friday)

**Categories**

- Team Relay (Boys)
- Team Relay (Girls)
- Individuals (Boys)
- Individuals (Girls)
- Individuals (Open)

***Team Relays***

- Each unit is allowed to send in one team of each gender.
- For single-sex schools, a maximum of 2 teams is allowed.
- Each team comprises of only 4 participants + 1 Reserve.

***Individuals (Boys/Girls)***

- Each participating unit is allowed to send in not more than three individuals.
- Participants in the team relay are not allowed to participate in the individual competition.

***Individuals (Open)***

- Each participating unit is allowed to send in not more than three individuals for this open category.
- Only OCs, TOs, HOs, CIs are allowed to take part in this event.

***For more information, please contact the following officer:***

Jitendra Bhilare

**Email**

jitendra\_khashaba\_bhilare@moe.edu.sg

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**NAVAL BASE SECONDARY SCHOOL****Inter-Unit Captain's Ball Competition****Rules & Regulations**

1. Each unit is allowed to send in 1 team entry consisting of 4 participants (2 Boys, 2 Girls) and 1 reserve. School name and team particulars should be indicated on the official entry form.
2. All entries must be filled in accurately for school use. This is to enable Naval Base Sec NPCC unit to circulate winning entries to NPCC HQ.
3. Winners will be notified via email by HQ.
4. The results of the matches played and decisions made by the referee officials are final. No further correspondence will be entertained.
5. Submission of entry signifies acceptance of the rules and conditions stated above.

**Objective**

To promote physical fitness and team building within OC unit and rapport among NPCC units from all Areas.

**Venue/ Time/ Date**

Venue: Orchid Park Secondary School

Time: 4 pm to 6 pm (maximum 1.5 hours)

Date: 23 March 2010

***For more information, please contact the following officer:***

Seck Hon Meng

**Email**

seck\_hon\_meng@moe.edu.sg

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**YISHUN TOWN SECONDARY SCHOOL****YTSS NPCC Inter-Unit 10-Legged Race 2010****Description**

We would like to extend our invitation to all NPCC units to participate in this fun and exciting 10-legged race!

**Objective**

1. To foster strong relationships between NPCC units.
2. To encourage positive teamwork within each unit.
3. To bond cadets from various units together

## Rules and Regulations

- Competitors are to be cadets of the NPCC unit of their school.
- There are 2 categories for the race: Male and Female.
- Each participating unit is allowed to send in a maximum of **2** teams, a team of 5 boys and/or a team of 5 girls for the race.
- All teams are to report to **Orchid Park Secondary School 20 minutes** before the commencement of the race for registration.
- Failure to meet the punctuality criteria will result in the school being automatically disqualified.
- Neither violent conduct nor vulgar languages will be tolerated during play.
- Team members are to wear the **same attire** to avoid confusion during play.
- The team participants are supposed to position themselves in an adjacent manner and to tie their ankles together using the pieces of cloths provided.
- The teams will be competing in 2 races each to cover a 50m distance. The team that completes the races in the shortest average time will emerge as the winner for either the male category or for the female category respectively.
- In the event of a draw in the race, the teams involved will compete again in an additional 50m race.
- Referee's decisions are final and no appeals will be entertained.
- All participants are to obey the instructions given by the personnel and the organizer of this event.
- The organizer reserves the right to disqualify teams who violate any rules, regulations and the registration criteria as mentioned above.
- The organizer will not be held responsible for any injury, mishap or otherwise which might arise out of accident during the participation.

## Venue/ Time/ Date

Email entry form [[Annex B](#)] to the organizer\_before 12/03/2010 (Friday)

Competition day: 23 March 2010/ Tuesday

***For more information, please contact the following officer:***

Mrs Amanda Tan

## Email

yap\_yew\_sui@moe.edu.sg

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## **MANJUSRI SECONDARY SCHOOL**

### **Crime Security & Safety Programme Exhibition**

#### **Description**

Manjusri NPCC will be hosting a Crime Security and Safety Exhibition within our school compounds. This event aims to serve as a community outreach project, to support SPF's efforts to raise the level of awareness on community safety and security, and how members of the public can play a part to reduce crime rates in Singapore.



Details of our event can be found at the following URL,  
[www.mjrnpsc.com](http://www.mjrnpsc.com)

### **Objectives**

- To provide our cadets an opportunity to function as Police Youth Ambassadors imparting them with problem solving skills and develop them into civic conscious citizens.
- To collaborate with community partners to address safety and security issues of the neighbourhood.

### **Venue/ Time/ Date**

Venue: Manjusri Secondary School  
20, Ubi Ave 1, Singapore 408940  
Time: 3pm – 7pm  
Date: 26 March 2010

If you are keen to attend our event, please write in to us. Thank you!

***For more information, please contact the following officer:***

Mohammed Ibrahim

### **Email**

mohammed\_ibrahim\_md\_samsud@moe.edu.sg

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## **ZHONGHUA SECONDARY SCHOOL**

### **Inter-Unit Comics Drawing Competition**



### **Description**

NPCC cadets are welcome to submit their artistic comic scripts based on two main themes:

1. Life as a NPCC cadet
2. Crime Prevention

### **Objective**

- To promote creativity and imagination in our cadets
- To allow cadets express their thoughts and ideas through drawings

### **Rules and Regulations**

1. The competition is open to all NPCC cadets serving in secondary schools
2. Each school is allowed to submit only 1 entry
3. Individual and group (not more than 3 members) submissions are allowed.
4. The team must fill in the entry form in Annex B and make use of the template in Annex C in the drawing of their comics
5. No offensive language is allowed in the comic scripts. Such entries will be disqualified

6. There is no restriction on the type of artwork for the comics. Individuals/Teams may use watercolour, crayon and colour pencils etc. Individual/Teams may use digital art software for the comics
7. Winners will be notified via email
8. Judges' decision is final. No further correspondence will be entertained

### **Submission Details**

- For entries done using watercolour, acrylic paint, crayons or colour pencils, actual copies must be mailed to:
- Zhonghua Secondary School
- 13 Serangoon Avenue 3, Singapore 556123
- Attn: Ms Rozianna
- For digital art entries, all soft-copies must be submitted in by email to rozianna@gmail.com.
- Submission deadline is on 26<sup>th</sup> March 2010

### **Judging Criteria**

Comic scripts submitted would be judged based on the following criteria:

- a) Creativity and imagination (30%)
- b) Storyline (40%)
- c) Overall aesthetic level (30%)

***For more information, please contact the following officer:***

Ms Rozianna

### **Contact/ Email**

6593 8144/ rozianna\_mohammed\_affendi@moe.edu.sg

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## **CANBERRA SECONDARY SCHOOL**

### **Inter-Unit Frisbee Competition**



### **Description**

Over the years, Frisbee has gained increasing popularity over our youths. We at Canberra Secondary would like to put something together to foster teamwork, sportsmanship, interaction among cadets from other schools, and some friendly competition to boost excitement.

Each team should consist of 8 players, inclusive of the 1 reserve. To instil fairness, each team should always have at least one FEMALE cadet playing at all times.

Cadets from Sec 1 to 5 are welcome.

All participants must be in unit or school tee, long or shorts and shoes. Teams with improper attire will not be allowed to participate in the competition.

**Venue/ Time/ Date**

Date : 26<sup>th</sup> Mar 2010 (Fri)  
Time : 2.45 pm – 5.30 pm  
Reporting Place : Canberra Secondary School canteen

Please fax or email the attached Reply Slip to us by **22 March 2010**. The competition is opened to the first 10 units

***For more information, please contact the following officer:***

Jason Tan

**Contact/ Email**

Tel: 6758 5070 (ext 208)  
Fax: 6758 3110  
Email: jason\_tan\_soon\_peng@moe.edu.sg

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**PEIRCE SECONDARY SCHOOL****Happiest NPCC Moment!****Description**

Take a photograph with a digital camera of 4.0 Mega pixels or higher to show a moment in NPCC where the TO, HO, CI or cadets in a happy moment. Sender is to write not more than 50 words to explain why this moment is the happiest.

**Objective**

Reflecting on the times that NPCC cadets have with NPCC

**Submission deadline**

31 March 2010

***For more information, please contact the following officer:***

Dawn Wong

**Email**

Wong\_choy\_keng@moe.edu.sg

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## **CHRIST CHURCH SECONDARY SCHOOL**

### **'BEST CAPTION' Competition**

#### **Description**

You are invited to participate in the "Best caption" competition organised by Christ Church Secondary School.

Each school can come out with 3 funny captions attached with photographs which emphasize the teamwork of NPCC.

#### **Rules & Regulations**

- Maximum of 3 photographs from each school which can be a phrase or a short sentence for each photograph.
- The captions must embody the teamwork of NPCC.

#### **Submission deadline**

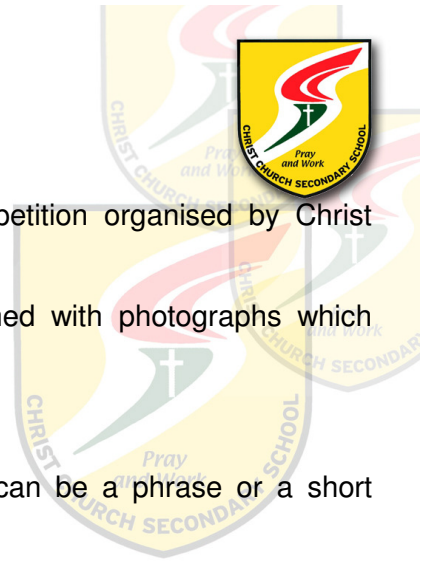
01 April 2010.

***For more information, please contact the following officer:***

Ho Chin Kun (Alan)

#### **Email**

ho\_chin\_kun@moe.edu.sg



## **NGEE ANN SECONDARY SCHOOL**

### **National Field Cooking Competition**

#### **Description**

You are cordially invited to participate in the "National Field Cooking Competition" organised by Ngee Ann Secondary School. The theme for the competition is Rainbow of Colours!



#### **Objectives**

- To allow participants to practice their field cooking skills
- Exercise the creativity and imagination of the participants to an otherwise mundane task
- Develop communication and leadership skills among the participants within the teams

#### **Rules & Regulations**

1. Each unit is allowed to send only one team consisting of 4 cadets & 1 reserve. Team supporters are allowed, but the total number should **NOT** exceed 5 people per team (including Officers and Instructors).
2. Participants are to report on time at the registration booth in their **PT KIT** attire.
3. Only participants will be allowed into the cooking area at all times.

4. Teams are to follow all instructions given by the marshals during the entire competition. Failure to adhere to instructions will result in the team being disqualified.
5. All participants are to be in their best behaviour at all times.
6. All participants must observe good hygiene practices. Fingernails should be cut short and girls with long hair or long fringe should have it tied or clipped.
7. Each team is required to come out with 1 Main Dish, 1 Side Dish and 1 Dessert.
8. All teams are not allowed to use additional ingredients not stated in the ingredient list.
9. Teams are to surrender prohibited items not stated in the list, (e.g. lighters, kitchen knives). Teams found using prohibited items during the competition will be disqualified.

10. The following items will be provided:

|             |               |                      |
|-------------|---------------|----------------------|
| 4 mess tins | 8 solid fuels | 2 box of Matchsticks |
| 4 stoves    | 2 1.5/ water  | 4 Pair Of Gloves     |

11. Additional items that can be brought in by the team:

|                 |               |                              |
|-----------------|---------------|------------------------------|
| fork & spoon(s) | can-opener    | decorative items             |
| pen-knife       | cutting board | serving bowls,<br>tablecloth |

12. Serving of food is up to each representative of the team's creativity and imagination.
13. The list of ingredients will be emailed to the teacher-in-charge two weeks before the actual competition date.
14. The time limit for cooking is 50 minutes. After cooking, teams will be given 10 minutes to prepare their food for judging.
15. Teams are to send one representative to give a brief explanation of their dishes to the judges. The team member presenting will represent the entire team in the "Best Dressed" Award Category.

**Venue/ Time/ Date**

Venue: Ngee Ann Secondary School (Quadrangle behind Hall)

Time: 1430 – 1800 (3.5 hours)

Date: Thursday, 1<sup>st</sup> April 2010

Supporters are welcomed (maximum number of 5 supporters)

***For more information, please contact the following officer:***

Ronnie Goh

**Email**

goh\_kok\_soon@moe.edu.sg

**PIONEER SECONDARY SCHOOL**

**Inter-Unit 'FILL-MY-SPEECH BUBBLES' Competition 2010**

**Description**

Pioneer Secondary School NPCC Unit is organizing an Inter-Unit 'Fill-My-Speech' competition this year. We would like to invite all NPCC units to join in the fun!



**Rules and Regulations**

- Each unit is allowed to send a maximum of 2 entries.
- Each entry can have a maximum of 2 members.
- Participant's particulars and other details should be indicated on the official entry forms clearly.
- All submitted entries from participating schools will automatically surrender the intellectual copyright willingly. This is to enable PIONEER NPCC unit to circulate winning entries to NPCC HQ.
- Winners will be notified via email.
- The decision of the judges is final.
- Submission of entry signifies acceptance of the rules and conditions stated above

**Submission Deadline**

Complete the entry forms together with your entry by 2<sup>nd</sup> April 2010.

***For more information, please contact the following officer:***

Miss Vicky Lye

**Fax/ Email**

67932014/ Lye\_xiuting@moe.edu.sg

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